



Rimon Farm Association

Sowing Hope, Cultivating Resilience. ♥

The [Rimon Farm Association](#) initiates, establishes, and operates agricultural education and therapy farms in the Negev. These farms provide targeted support to people from diverse backgrounds for the **prevention and treatment of post-traumatic stress disorder (PTSD)**.

Here, **therapy, education, and rehabilitation** come together in a unique way: Through hands-on agricultural work in an inspiring environment, participants experience **emotional healing**, guided by a supportive community.

A Holistic Approach Combining:

- ✓ Therapy and rehabilitation programs
- ✓ Education and vocational training
- ✓ Strengthening of social skills
- ✓ Individualized support with tailored plans, incorporating family and community structures

The Programs Include:


- ♥ **Short-term workshops** for processing traumatic experiences
- ♥ **Long-term therapy and rehabilitation programs**
- ♥ **Discussion groups and trauma therapy**
- ♥ **Resilience workshops** to strengthen inner endurance
- ♥ **Mind-body harmony** through targeted activities
- ♥ **Team-building exercises** to foster a sense of community




Healing Through Agricultural Work


Working with **plants, animals, and nature** creates a powerful connection between body and mind. Activities such as **harvesting, sheep farming, and crop cultivation** help participants develop **self-efficacy**, regain confidence, experience success, and restore a sense of **control and hope**.


Our Target Groups

 **Soldiers and military units** who have faced intense combat, the loss of comrades, or injuries and seek a bridge back to everyday life

 **Members of the IDF, police, and security forces** exposed to extreme stress

 **Emergency responders, rescue teams, doctors, and medical personnel** who have been pushed beyond their limits in wartime service

 **Individuals with military or security backgrounds** who struggle to reintegrate into normal life after traumatic experiences

 **Civilians from the western Negev** who have been displaced due to the war and need a safe retreat to recover and regain strength

Rebuilding the Communities of the Western Negev

The events of October 7 have deeply shaken the western Negev. Personal loss, displacement, and the ongoing war have profoundly impacted local communities. To foster healing, hope, and resilience, two new centers are being established near the **kibbutzim Or HaNer and Reim**.

These farms will become places of renewal, **integrating agriculture with psychological resilience**—offering spaces for



recovery, trauma processing, community support, and the journey back to normal life.

♥ **Together, we sow hope—for a strong and resilient future.**

Our contact with the Rimon Therapy Farms *came about through “Israel Today”. It was here that we learned about this impressive work, which we support. Now we will finally get to know these oases of hope and their founder Nir personally.*

<https://www.rimon-farm.org.il/en>